

# You Ain't Alone



**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Gaye Teather (UK) Jan 2013

**Music:** You Ain't Alone by Toby Keith. CD: Hope On The Rocks. (90 bpm)

## 16 count intro - Dance notes in CW direction

### Side Right. Together. Right Scissor step. Side. Behind & cross & heel

- 1 – 2      Step Right to Right side. Step Left beside Right
- 3&4      Step Right to Right side. Step Left beside Right. Cross Right over Left
- 5 – 6      Step Left to Left side. Cross Right behind Left (dipping knees slightly)
- &7      Small step on Left to Left side . Cross Right over Left
- &8      Small step on Left to Left side. Touch Right heel diagonally forward Right

### Together. Cross. Quarter turn Left. Left lock step back. Back rock. Shuffle forward

- &1 – 2      Step Right beside Left. Cross Left over Right. Quarter turn Left stepping back on Right (Facing 9 o'clock)
- 3&4      Step back on Left. Lock Right over Left. Step back on Left
- 5 – 6      Rock back on Right. Recover onto Left
- 7&8      Step forward on Right. Step Left beside Right. Step forward on Right

### Left forward rock. Left Coaster step. Right forward rock. Right Coaster step

- 1 – 2      Rock forward on Left. Recover onto Right
- 3&4      Step back on Left. Step Right beside Left. Step forward on Left
- 5 – 6      Rock forward on Right. Recover onto Left
- 7&8      Step back on Right. Step Left beside Right. Step forward on Right

### Step. Pivot half turn Right. Right side rock. Syncopated weave Right

- 1 – 2      Step forward on Left. Pivot half turn Right (Facing 3 o'clock)
- 3 – 4      Rock Left to Left side. Recover onto Right
- 5&6      Cross Left behind Right. Step Right to Right side. Cross Left over Right
- &7&8      Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross Left over Right

## Start again