

**Count:** 48      **Wall:** 4      **Level:** Beginner / Intermediate

**Choreographer:** Carmel Hutchinson

**Music:** At The Hop by Danny & The Juniors

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**¼ LEFT, BEHIND, ¼ RIGHT, HOLD, ¼ RIGHT, BEHIND, ¼ LEFT, HOLD**

- 1-2      Step right forward into ¼ turn left, side step left behind right
- 3-4      Side step right into ¼ turn right, hold
- 5-6      Step left forward into ¼ turn right, side step right behind left
- 7-8      Side step left into ¼ turn left, hold

**FORWARD, ½ LEFT, FORWARD, HOLD, RUN, RUN, RUN, HOLD**

- 1-4      Step right forward, turn ½ turn left, step right forward, hold
- 5-8      Run step left forward, run step right forward, run step left forward, hold

**¼ LEFT, BEHIND, ¼ RIGHT, HOLD, ¼ RIGHT, BEHIND, ¼ LEFT, HOLD**

- 1-2      Step right forward into ¼ turn left, side step left behind right
- 3-4      Side step right into ¼ turn right, hold
- 5-6      Step left forward into ¼ turn right, side step right behind left
- 7-8      Side step left into ¼ turn left, hold

**FORWARD, ½ LEFT, FORWARD, HOLD, RUN, RUN, RUN, HOLD**

- 1-4      Step right forward, turn ½ turn left, step right forward, hold
- 5-8      Run step left forward, run step right forward, run step left forward, hold

**FORWARD, HOLD, ½ RIGHT, HOLD, ½ RIGHT, HOLD, ¼ RIGHT, HOLD**

- 1-4      Step right forward, hold, step left forward into ½ turn right, hold
- 5-8      Step right back into ½ turn right, hold, step left forward into ¼ turn right, hold  
(weight. Left)

**FORWARD RIGHT & LEFT TOE-HEEL STRUTS**

- 1-4      Touch right toe forward, drop right heel, touch left toe forward, drop left heel
- 4-8      Touch right toe forward, drop right heel, touch left toe forward, drop left heel

**REPEAT**

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